

SUGGESTED KIT LIST FOR BIKERBATTLEFIELDTOURS.COM

In addition to a suitable Pannier/Tank bag set the following items tailored to your own needs will be useful. Bearing in mind you are away for 4 days, try not to resort to carrying a rucksack, it gets uncomfortable!

TICK THESE OFF AS YOU PACK

Passport!!!

FOR THE BIKE:

1. Bike Tool Kit: Spare bulbs, puncture outfit with CO2 inflators, disc lock.
2. Insurance details
3. Driving licence
4. Recovery details Euro and UK.
5. Emergency numbers.
6. Cargo net/bungee's
7. Spare keys/alarm fob/batteries
8. GB sticker (should be on number plates now)

GENERAL:

1. Wash Bag, shower gel, tooth brush, toothpaste, shaving kit, deodorant, cream
2. Small towel (not usually needed, you will be advised on the plan)
3. Sun tan lotion
4. Sunglasses.
5. Small first aid kit
6. Torch
7. Tissues
8. Visor wipes

Clothing:

This will be a matter of personal choice, whatever you are comfortable with, depending on weather forecast.

1. Comfortable bike riding suit.
2. Helmet and gloves (A spare pair is good)
3. Waterproofs.
4. Fleece, tee shirts, trousers (lightweight cargo type)
5. Pants, shorts, socks
6. Shoes/trainers
7. Cap/headwear
8. Jimjams
9. Lightweight jacket/waterproof for evenings

PERSONAL:

1. Mobile phone and charger
2. Euro's/ATM card
3. Compact sleeping bag. (Only if required, you will be advised on the plan)
4. Medication/pain killers
5. Small pair of bino's are always good
6. Camera and charger/batteries
7. Language phrase book
8. E111 European Health Insurance Card (Apply on line if you need one)

BIKE CHECKS:

1. MOT in date.
2. Tyres are suitable and safe for the journey (check pressures)
3. Cables are lubricated and not damaged or frayed.
4. Check/tighten nuts and bolts.
5. Brake pads are suitable and not worn out.
6. Lighting check.
7. Suspension adjusted to extra weight/comfort.
8. Chain adjusted and lubricated.
9. Fuel Up.